

# Perry County Health Resource Guide



## **PERRY COUNTY HEALTH DEPARTMENT**

**406 N. Spring, Suite 1**

Perryville, Mo. 63775

[www.perrycountyhealth.com](http://www.perrycountyhealth.com)

573-547-6564

# **PERRY COUNTY PUBLIC HEALTH RESOURCES**

## **PUBLIC HEALTH/HOME HEALTH SERVICE**

Perry County Health Department	<a href="http://perrycountyhealth.com">http://perrycountyhealth.com</a>	573-547-6564
Perry County Memorial Hospital	<a href="http://www.pchmo.org">http://www.pchmo.org</a>	573-547-2536
Senior Services -Division of Aging	<a href="http://dss.mo.gov/cd/office">http://dss.mo.gov/cd/office</a>	573-290-5239

## **COMMON HOT LINES**

Child Abuse	<a href="https://dss.mo.gov/toll.htm">https://dss.mo.gov/toll.htm</a>	1-800-392-3738
Elder Abuse	<a href="https://dss.mo.gov/toll.htm">https://dss.mo.gov/toll.htm</a>	1-800-392-0210
Community Counseling/Mental Health Crisis Line	Main Office - <a href="http://www.ccntr.com/">http://www.ccntr.com/</a>	573-334-1100
	24 Hour Crisis Line	1-800-356-5395

## **MEDICAL CLINICS**

Cross Trails -Perryville	<a href="http://www.crosstrails.us">http://www.crosstrails.us</a>	573-517-0405
Perryville Family Care Clinic West	<a href="http://www.pchmo.org">http://www.pchmo.org</a>	573-768-3220
South East Primary Care	<a href="https://www.sehealth.org">https://www.sehealth.org</a>	573-547-3232
Samaritan Regional Health Clinic	<a href="https://www.freeclinics.com">https://www.freeclinics.com</a>	573-338-4504
Doctors Memorial Clinic – Frohna		573-824-5599

## **HOSPITAL – Local directory of services**

Perry County Memorial Hospital	<a href="http://www.pchmo.org">http://www.pchmo.org</a>	573-547-2536
Provider Directory	<a href="https://pchmo.netreturns.biz/Providers">https://pchmo.netreturns.biz/Providers</a>	
Departmental Directory:	<a href="http://www.pchmo.org/contact-directory.aspx">http://www.pchmo.org/contact-directory.aspx</a>	
Perryville Family Care:		573-547-7888
Internal Medicine	<a href="https://pchmo.netreturns.biz/providers">https://pchmo.netreturns.biz/providers</a>	573-547-2536
Perryville Surgical Clinic	<a href="http://www.pchmo.org">http://www.pchmo.org</a>	573-547-8390
Orthopedic /Surgical	<a href="http://www.porthoandsports.org/">http://www.porthoandsports.org/</a>	573-768-3396

## **PROVIDERS – Family Practice**

<https://pchmo.netreturns.biz/Providers/SearchResults.aspx?Matchall=ANY&Orderby=name&Specialty=Family+Practice>

<b>Provider name</b>	<b>Specialty</b>	<b>Phone</b>
Green, Darryl, MD	Family Practice	573-547-7888
Hennemann, Brad, FNP	Family Practice	573-768-3220
Kapp, David, MD	Family Practice	573-768-3220
Kelley, Leticia, FNP	Family Practice	573-547-7888
Theresa Lipe, FNP-BC	Family Practice	573-547-7888
Melchior, David, DO	Family Practice	573-547-7888
Schabbing, Mark, MD	Family Practice	573-547-7888 573-824-5599
Tanz, Michele, DNP, APRN, FNP-BC	Family Practice	573-768-3220
Weinhold, Gena, MSN, ARNP, FNP-BC, OCN	Family Practice	573-768-3220
Womack, Laurie, MD	Family Practice	573-547-7888

**Pediatrics** <https://pchmo.netreturns.biz/Providers/>

**Perry Kids Pediatrics** **573-517-0999**

### **FEMALE SPECIALTY: OB/GYN/PRENATAL CARE**

**Perry County Women's Care:** <http://www.pchmo.org/services-womens.aspx>

**573- 547-4899**

**Options for Women** <http://www.optionsforwomenmissouri.com>

Perryville - **573-547-3800** Ste. Genevieve - **573-883-1080** Text Option@**573.880.5185**

**Show Me Healthy Women** <http://www.crosstrails.us>

Perryville - **573-517-0405**

Cape Girardeau - **573-332-0808**

## **COUSELING & ADDICTION SUPPORT**

AA-Alcoholics Anonymous		
<a href="http://alcoholicsanonymous.com/aa-meetings/missouri/">http://alcoholicsanonymous.com/aa-meetings/missouri/</a>		573-513-7018
Catholic Family Counseling	<a href="http://cfsstl.org/services-programs/counseling/">http://cfsstl.org/services-programs/counseling/</a>	1- 800- 652-8055
Celebrate Recovery	<a href="http://www.fbcperryville.">http://www.fbcperryville.</a>	573-547-4644
Community Counseling	<a href="http://www.ccntr.com/">http://www.ccntr.com/</a>	573-547-8305
Dementia Support Group	<a href="https://www.alzheimers.net/resources/missouri/">https://www.alzheimers.net/resources/missouri/</a>	1-866-567-4049
Gibson Recovery Center	<a href="http://www.gibsonrecoverycenter.org">http://www.gibsonrecoverycenter.org</a>	573-332-0416 573-547-1121
Lighthouse Counseling ,LLC		573-547-9963
Lutheran Family Services	<a href="http://lfcsmo.org/counseling">http://lfcsmo.org/counseling</a>	573-334-5866
Multiple Sclerosis MS Foundation	<a href="https://msfocus.org/">https://msfocus.org/</a>	888-MSFOCUS (673-6287)
Narcotics Anonymous	<a href="http://www.drugstrategies.org/">http://www.drugstrategies.org/</a>	(24 hr.) 1-888-674-4735
New Life Mission Inn		573-513-2918
Perry County Mem Hosp.	<a href="http://www.pchmo.org/services-counseling.aspx">http://www.pchmo.org/services-counseling.aspx</a>	573-547-3116
Perry Co. Youth Task Force	<a href="http://www.pcctf.org">http://www.pcctf.org</a>	573-547-1292

## **PARENTING, ADOPTION, FAMILY- ALTERNATIVES**

Birthright (infant & child)	<a href="http://birthright.org">http://birthright.org</a>	573-335-0750
Catholic Family Services	<a href="http://cfsstl.org">http://cfsstl.org</a>	1-800-652-8055
Family Support	<a href="https://dss.mo.gov/fsd">https://dss.mo.gov/fsd</a>	573-290-5239
Lutheran Family Services	<a href="http://lfcsmo.org">http://lfcsmo.org</a>	573-334-5866
Options for Women	<a href="http://www.optionsforwomenmissouri.com">http://www.optionsforwomenmissouri.com</a>	573- 547-3800

## **HARDSHIP**

East MO Action Agency	<a href="http://eastmoaa.org/">http://eastmoaa.org/</a>	573-547-2014
Family Support (Social Services)	<a href="http://dss.mo.gov">http://dss.mo.gov</a>	<a href="http://dss.mo.gov">573-290-5239</a>
Ministerial Alliance	<a href="http://financial-assistance.us">http://financial-assistance.us</a>	573-547-5431
Salvation Army	<a href="http://tsacapegirardeau.org">http://tsacapegirardeau.org</a>	573-335-7000
St. Vincent de Paul Society	<a href="https://svdpstlouis.org/">https://svdpstlouis.org/</a>	573- 547-1797

## **DENTAL**

Amschler, Dennis DDS	573-547-2344
Carron, Stephen DDS	573-547-5570
Cooper, Keith DDS	573- 547-6520
Cross Trails <a href="http://www.crosstrails.us/Providers/">http://www.crosstrails.us/Providers/</a>	573-517-0405
Esswein, John DDS	573-547-4553
Hohenadel, Ronald DDS	573-547-8374
Hutchison, Joseph DDS	573-547-6691
Unger, James DDS	573-547-8375

## **VISION ASSISTANCE**

Perryville Lions Club <a href="http://www.e-clubhouse.org/sites/perryvillemo">http://www.e-clubhouse.org/sites/perryvillemo</a>	573-547-1949
Brost & Strohmeyer <a href="http://www.brostassociates.com">www.brostassociates.com</a>	573-547-1898
Clarkson Eyecare <a href="http://www.clarksoneyecare.com">www.clarksoneyecare.com</a>	573-513-8290

## **PERRYVILLE BUSINESS' Phone Listing:**

[www.perryvillemissouri.com](http://www.perryvillemissouri.com)

**Univ. of MO Extension** <http://extension.missouri.edu/perry> 573-547-4505

## **TRANSPORTATION**

BART <a href="https://www.bartshuttle.com/">https://www.bartshuttle.com/</a>	573-335-0844
Courtesy Car <a href="http://www.pchmo.org/">http://www.pchmo.org/</a>	573-768-1186
SMTS VAN <a href="http://ridesmts.org/office-directory/">http://ridesmts.org/office-directory/</a>	573-547-8016
Wings of Hope Air Trans, <a href="https://wingsofhope.ngo/">https://wingsofhope.ngo/</a>	1-800-448-9487

## **HOUSING**

### **Subsidized:**

William J. Barnwell Apartments - 21 E. St. Joseph,	573-547-4330
Creekwood Apartments - 1501 Alma Ave.	573-547-7083
Independence Court Residential Living – Independence Dr.	573-547-1499
Independence Square Residential Care - 1136 S Main St.	573-547-8600
Hillcrest Apartments - 720 Winkler Dr.	573-547-4481
Senior Gardens/Harvest Acres) - 1811 W. Harvest Cir. Perryville,	573-547-6556
Senior Apartment Directory Perryville, Mo.	

<https://www.yellowpages.com/perryville-mo/senior-housing>

## **SAFE HOUSING FOR WOMEN - CRISIS – PARENTING HELP IS ONE CALL AWAY!!**

Regional Family Crisis <a href="https://www.domesticshelters.org/mo/perryville/63775/">https://www.domesticshelters.org/mo/perryville/63775/</a>	
	<b>HOT line: 1877-527-4747 Office: 573-547-2480</b>
Parenting and looking for Options <a href="http://www.optionsforwomenmissouri.com/">http://www.optionsforwomenmissouri.com/</a>	
573- 547-3800	<b>Text Us at: 573-880-5185</b>

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## **SENIOR CITIZEN SERVICES**

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American Legion (supplies)	<a href="http://perryvillelegion.com/">http://perryvillelegion.com/</a>	573-547-4588
Income Services.	<a href="https://www.unitedwayofsemo.org/income/">https://www.unitedwayofsemo.org/income/</a>	573-334-9634
Catholic Charities	<a href="https://www.ccstl.org/">https://www.ccstl.org/</a>	314-367-5500
Legal Services of Southern Mo.	<a href="http://www.lsosm.org/contact/">http://www.lsosm.org/contact/</a>	1-800-748-7456
Perry County Health Dept.	<a href="http://perrycountyhealth.com">http://perrycountyhealth.com</a>	573-547-6564
Perryville Senior Center (Meals on wheels)		573-547-2188
	<a href="http://www.cityofperryville.com/291/Community">http://www.cityofperryville.com/291/Community</a>	
Veterans Admin. Rep.	<a href="https://www.agingcare.com/veterans-assistance">https://www.agingcare.com/veterans-assistance</a>	

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## **NURSING / RETIREMENT CENTERS**

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Estates of Perryville		573-547-1011
Holiday Residential		573-547-7398
Independence Health Systems, Inc		573-547-6546
• Independence Care Center		
• Independence Court		573-547-1499
• Independence Square		573-547-8600
• Independence Village	<a href="http://www.independencehealthsystem.org">http://www.independencehealthsystem.org</a>	

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## **PHYSICAL FITNESS & REHAB**

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Mid America Rehab	<a href="http://www.midamericarehab.com/">http://www.midamericarehab.com/</a>	573-768-3349
Perry Park Center	<a href="http://www.cityofperryville.com">http://www.cityofperryville.com</a>	573-547-7275
Premier Physical Therapy	<a href="https://sendmetopremier.com/">https://sendmetopremier.com/</a>	573-605-1550
Therapy Solutions	<a href="http://www.therapysolutionsmo.com/">http://www.therapysolutionsmo.com/</a>	573-517-7900

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## **DISABILITY & SPECIAL NEEDS**

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My Camp	<a href="http://www.mycampservices.org/dayprogram.aspx">http://www.mycampservices.org/dayprogram.aspx</a>	573-788-2345
Perry County Board for Developmental Disabled		
	<a href="http://www.pcbdd.org/day-programs">http://www.pcbdd.org/day-programs</a>	573-547-6639
SADI (SEMO Alliance for Disability Independence)	<a href="http://sadi.org/contact/">http://sadi.org/contact/</a>	573-651-6464
SEMO Area Agency of Aging		
	<a href="http://www.agingmatters2u.com/">http://www.agingmatters2u.com/</a> (573) 651-6464 or 1-800-898-7234	
Senior Service Div of Aging	<a href="http://dss.mo.gov/cd/office/cape.htm">http://dss.mo.gov/cd/office/cape.htm</a>	573-290-5707
Sheltered Workshop	<a href="http://unitedenterprises.org/">http://unitedenterprises.org/</a>	573-547-1047
Special Health Care Needs	<a href="http://health.mo.gov/living/families/shcn/">http://health.mo.gov/living/families/shcn/</a>	
Adult Brain Injury	573-547-6564 For Additional SHCN Resources:	1-800-451-0669
Terrace Gardens	<a href="http://www.pcbdd.org/residential-services/">http://www.pcbdd.org/residential-services/</a>	573-547-7170
Vocational Rehabilitation	<a href="http://mo-rehab.org/vroffices.html">http://mo-rehab.org/vroffices.html</a>	1-800-640-7110

**“First Call for Help”** A comprehensive database of social service agencies and their eligibility requirements is maintained in order to connect people with resources.  
<http://www.firstcallforhelpsemo.org/index.htm> **1-866-914-4357**

## **EDUCATION**

Head Start EMA <http://www.headstartprogram.us/city/mo-perryville> **573-547-8496**

Parents as Teachers <https://www.perryville.k12.mo.us> **573-547-7500**

Perry County Missouri K-12 School listings

<http://www.perrycountymo.us/119/Perry-County-Schools>

Perry County Higher Ed Center/Mineral Area College

<http://mineralarea.edu> **573-547-4143**

Rankin Technical College <https://ranken.edu/> **314-286-3382**

Perryville Area Career & Tech Center <https://www.perryville.k12.mo.us/>  
**573-547-7500**

GED High-School Equivalency <https://dese.mo.gov/> **573-751-4212**

<https://dese.mo.gov/adult-learning-rehabilitation-services/high-school-equivalency>

## **EMPLOYMENT**

Talent Force <http://talentforce.com/locations/perryville-mo> **573-547-6400**

## **BUDGET & FINANCE**

East MO Action Agency <http://eastmoaa.org/> **573-547-2014**

New Life Mission Inn **573-513-2918**

Univ. Extension Office <http://extension.missouri.edu/perry> **573-547-4505**

## **FOOD ASSISTANCE and MEALS**

Birtright (infant supplies) <http://birtright.org> **573-335-0750**

First Baptist Church <http://www.fbcperryville.net/> **573-547-4644**

Immanuel Lutheran Church <http://immanuel-perryville.org/> **573-547-8317**

Ladies of Charity Food Pantry <http://www.svdepaul.org/> **573-517-0183**

Perry County Senior. Center/Noon Meal & Meals on Wheels  
<http://www.perrycountyseniorcenter.com> **573-547-2188**

Perry County  
 Health Department



**Public Health**  
 Prevent. Promote. Protect.

***Perry County Health Department offers many services  
that Prevent Promote and Protect***

**Perry County  
Health Department**



**Public Health**  
Prevent. Promote. Protect.

***Public Health Education and Resources:***

**Adult Head Brain Injury Service Coordinator**

**Child Passenger Safety Program**

**School Health**

**W.I.C.\Women Infant and Children**

**Breastfeeding Support Program**

**Cholesterol Screenings – Lead Screenings**

**Blood Pressure Monitoring**

**Communicable Disease Prevention**

**Immunizations**

**Freedom From Smoking ALA**

**Lead Screening**

**Tuberculosis Screening**

**Public Health Home Visits – Personal Care and Nursing Consultation**

**Medication Management**

**Chronic Disease Self-Management – Diabetic Self-Management**

**Toenail Care**

**CPR/First Aid**

**Hepatitis C testing**

**STD/HIV Testing and Education**

**Pregnancy Testing**

**Child Care Consultation/Education**

**Environment Health Education**

**Food Safety Classes – Food Recall monitoring**

**Food Service Education and Inspections**

**Child Care Education and Inspections**

**Lodging Education and Inspections**

**Boil Water Order Information and Resources**

**Public Health Emergency Preparedness**

**Ready in 3 Emergency Planning**

**MRC-Medical Reserve Corp. Public Health Volunteer**

**CERT-Community Emergency Response Training**

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BIM/EP